

# Sample Medical Needs Report

Child: Noah

Subject: Medical Needs

Participants: Riley K. / Morgan K.

September 13, 2026

*SAMPLE - fictional example data shown for illustration*

## 1. Purpose of This Report

This sample report shows how SA CoParents Align compares the independently provided perspectives of both parents. It identifies areas of alignment, differences in perspective, the child's identified needs, and neutral options for professional guided discussion. It is not designed to determine which parent is right or wrong. The names and answers in this sample are fictional.

## 2. What Both Parents Agree About

### Strong Alignment - both parents indicated that:

- Both parents mentioned "asthma, medication, noah" when describing child's primary need.
- Both parents mentioned "appointment, both, pediatrician" when describing what is working.
- Both parents mentioned "inhaler" when describing concerns.
- Both parents mentioned "checklist, medication" when describing desired improvements.
- Both parents mentioned "checklist, exchange, shared" when describing options you would consider.

## 3. Where the Parents See Things Differently

### The Other Parent's Likely Concerns

#### Riley K.'s Perspective

Morgan may be concerned about over-medicalizing minor symptoms.

#### Morgan K.'s Perspective

Riley may worry that differing routines confuse Noah about his care.

*Both parents agree that this subject matters for Noah. The difference concerns how the shared goal should be accomplished, rather than the underlying goal itself.*

## 4. Child's Identified Needs

- Consistent implementation of treatment plans
- Both parents receiving the same medical information

- Clear medication responsibilities
- Shared emergency plan
- Timely scheduling of appointments

## 5. Alignment Map

|                                           |                           |
|-------------------------------------------|---------------------------|
| <b>Child's Primary Need</b>               | <b>Strong alignment</b>   |
| <b>What Is Working</b>                    | <b>Strong alignment</b>   |
| <b>Concerns</b>                           | <b>Moderate alignment</b> |
| <b>Desired Improvements</b>               | <b>Strong alignment</b>   |
| <b>Options You Would Consider</b>         | <b>Strong alignment</b>   |
| <b>The Other Parent's Likely Concerns</b> | <b>Needs discussion</b>   |

## 6. Areas for Conversation

- How will medical information be shared after appointments?
- Who schedules and attends appointments?
- How are medications managed between households?
- How will emergency decisions be made?
- When is a second opinion appropriate?

## 7. Options and Resources

*Neutral options - SA CoParents does not dictate; it builds options.*

- Option A: A joint pediatrician meeting to align on the treatment plan.
- Option B: Shared patient portal access plus a written medication protocol.
- Option C: Each parent receives information directly from providers, with a shared medical log.

## 8. Potential Areas of Alignment

*Both parents appear aligned around the goal of supporting Noah regarding medical needs. Although they currently describe different perspectives in some areas, both parents agree that Noah's needs come first and that working toward a shared understanding is worthwhile.*

## 9. Questions for the Parents

- Could the parents agree on the treatment goal without identical home routines?
- What medical information should always be shared immediately?
- Would a provider meeting answer the remaining questions?
- Is a specialist consultation warranted?

## 10. Possible Next Steps

- Continue Parent Discussion
- Discuss With Mediator
- Consult Teacher / School Counselor

- Consult Child's Professional
- Develop Written Parenting Protocol
- Create Another Joint Report

## **Alignment Before Agreement**

You don't have to see everything the same way to begin working toward meeting your child's needs.

*"We value the parenting system by how well it supports the child, not by how friendly the adults appear."*

SAMPLE REPORT